

General information & guidelines about the MTB event

After the success of the nine previous Genghis Khan MTB Adventures in Inner Mongolia, Nordic Ways is now preparing for the 11th anniversary edition in 2019, which will take place from Friday to Sunday 7-9 July. Genghis Khan MTB Adventure is a mountain bike competition in three stages for amateurs and recreational riders. The MTB race will cross the vast grasslands of Xiwuqi, tracing the prints of Genghis Khan. For the 11th anniversary, it has been envisaged to introduce several new sections to the three race courses. Details of these will be made available following Xiwuqi's winter early May.

Location

The venue for Genghis Khan MTB Adventure is **Xiwuqi** 西乌旗 (Short for Xiwuzhumuqin Qi 西乌珠穆沁旗), a small town about 140 km from Xilinhaote 锡林浩特 in the more northern part of Inner Mongolia Autonomous Region.

[See Google Maps](#)

Gear

We recommend that you bring your own MTB, air pump, spare parts and some appropriate tools. Some bike fixing service will be provided, and there is a good bikeshop with quality international products up the main road close to Shuang Li hotel, but it is recommended to be self-reliant, so do bring your own stuff if possible.

Think about

The main specialty food in Inner Mongolia is mutton and milk products. There is limited western food, especially for breakfast where there will be some milk, yoghurt and vegetables/fruit, along with Chinese rice and noodles, but take with you some food of your own if you feel it might be

hard for you to eat the local food. Instant coffee is available, however.

Don't forget

- Helmet
- Sun block
- Sun glasses
- Mosquito repellent
- Aspirin and other medicine
- Hygiene articles etc
- Long-sleeved jacket. Given Xiwuqi's altitude, the temperature can drop significantly (relax: it won't freeze neither)
- Travel documents
- Passport/ID (you need these to check in to the Hotel)